

## ROCK 'N' ROLL RULES

### 1. INTRODUCTION

- 1.1 In all items, not regulated separately in the following, the appropriate conditions stipulated by the WRRC especially in the Tournament Rules shall be applicable.
- 1.2 Jump step is danced to Rock 'n' Roll dance music.
- 1.3 Due to the specific way in which WRRC tournaments are held, all participants, including formations and seeded dancers, must be present one hour prior to the beginning of the event and report to the tournament directors. The point of time of this obligation to be present shall be stated in the tournament specifications.

### 1.4 ROCK'N' ROLL TOURNAMENTS

|                                  | Age                | Duration of dancing and music in finals of Girl Formation Junior and Main Class | Duration of dancing and music in all other rounds | Speed of music (bars/min) | min. number of basic steps | Number of acrobatic figures                    | Number of participants | Duration of rehearsal time |
|----------------------------------|--------------------|---|---|---------------------------|----------------------------|--|------------------------|----------------------------|
| Youth                            | 8-14               |   | 1:30-1:45   | 47-48<br>47-49 final      | 6                          | 0  | couple                 |                            |
| Junior                           | 12-17              |   | 1:30-1:45   | 47-48<br>47-49 final      | 6                          | max. 4   | couple                 |                            |
| B Class                          | min. 14            |   | 1:30-1:45   | 48-50                     | 6                          | 5 + final 6                                    | couple                 |                            |
| Main –Class                      | min. 15            |   | 1:30-1:45   | 48-50                     | 6                          | 5 + final 6                                    | couple                 |                            |
| B- and Main-Class final Footwork | min. 14 B /15 Main |   | 1:00–1:15   | 50-52                     | 4                          |  | couple                 |                            |
| Rock'n'Roll Couple-Dance Show    | min. 16            |   | 1:00-1:15<br>final<br>1:45-2:00                   | 48-52                     | 4<br>final 8               | 3<br>max. 2 combi.<br>final 5<br>max. 3 combi. | couple                 |                            |
| Girls Formations                 | 8-15               | 2:45-3:00   | 1:30-1:45   | no speed limit            | 6<br>final 10              | 0  | 8-12 girls             | 3:45                       |
| Ladies Formations                | min. 14            | 2:45-3:00   | 1:30-1:45   | no speed limit            | 6<br>final 10              | max. 4   | 8-16 girls             | 3:45                       |
| Formations Juniors               | 8-17               |   | 2:45-3:00   | no speed limit            | 10                         | 0  | 4-6 couples            | 3:45                       |
| Form. Main Class                 | min. 15            |   | 2:45-3:00   | no speed limit            | 10                         | max. 8   | 4-6 couples            | 3:45                       |
| Duo Rock Show                    | min. 15            |   | 2:00-2:30   | no speed limit            | 6                          | max. 6   | 2 couples              |                            |

1.4.1 The age of a competitor, for the purpose of determining their age category for competition, is calculated as the year of birth subtracted from the year of competition.

- Age = (Year of competition) – (Year of birth)

1.4.1.1 A couple is not allowed to compete in more than one age group. Multiple changes of age groups are not allowed.

## 1.4.2 Duration of dance

1.4.2.1 For couples the duration of dance starts with the first move of one of the dancers and ends with the “end pose”.

1.4.2.2 For formations the duration of dance starts and ends with the music.

## 2 MAIN CLASS TOURNAMENT ENTRY QUALIFICATION AND RESTRICTIONS

### 2.1 TOURNAMENT RESTRICTIONS

#### 2.1.1 ACROBATIC ROUNDS – RESTRICTIONS:

2.1.1.1 In Acrobatic-Rounds a minimum of 6 couple (contact) dance elements performed with complete basic steps (Group 1) must be danced by both partners at the same time.

One complete basic step = kick ball change, kick, kick, only in this order. Detailed descriptions see in the document “Scoring the Dance”

2.1.1.2 One element from each of the following acrobatic elements groups must be performed:

- Forward somersault
- Backward somersault
- Dive
- non-flying acrobatic elements with rotations around the body

Detailed descriptions see in the document “Scoring Main Class”

2.1.1.3 In rounds preceding the semi-finals, couples are not allowed to perform:

- individual acrobatic elements with a value higher than G – 10 points
- regardless of value, elements with more than one free rotation around the body width axis (simple somersault) or one simple somersault with landing on the shoulders.

2.1.1.4 In rounds preceding the semi-finals, couples are not allowed to make more than two free rotations (somersault) around their body longitudinal axis with twist within.

In semi-finals and finals, couples are not allowed to make more than three free rotations (somersault) around their body longitudinal axis with “twist within”.

**2.1.1.5** In the semi-finals and finals couples are not allowed to make more than two free rotations around their body width axis (double somersault). The double somersault must not be performed in combination with other acrobatic figure elements or acrobatic entry or exit figures. Entry for the double somersault is allowed only from the hands (staff) or from the shoulders (Bettarini).  
Couples are not allowed to make more than two double somersaults, one backward and one forward in one round.

**2.1.1.6** In the finals couples dance individually and may use their own WRRC-approved music.

## **2.1.2 FINAL FOOT-TECHNIQUE ROUND – RESTRICTION ON FIGURES:**

2.1.1.1 Rotations of more than 180° around the body's width or depth axis are not allowed.

2.1.1.2 Excluding the final pose, figures are allowed only if one partner can perform them alone or if there is permanent contact between the ground and at least one foot.

2.1.1.3 In Foot-Technique-Round a minimum of 4 couple (contact) dance elements performed with complete basic steps (Group 1) must be danced by both partners at the same time.

One complete basic step = kick ball change, kick, kick, only in this order.  
Detailed descriptions see in the document "Scoring the Dance"

## **3 B CLASS TOURNAMENT RESTRICTIONS**

### **3.1 TOURNAMENT RESTRICTIONS:**

3.1.1 All B-Class tournaments shall be organized in compliance with WRRC Tournament Rules section 5.6.1.1. (without KO rounds)

### **3.1.2 ACROBATIC ROUNDS – RESTRICTIONS:**

3.1.2.1 In Acrobatic-Rounds a minimum of 6 couple (contact) dance elements performed with complete basic steps (Group 1) must be danced by both partners at the same time.

One complete basic step = kick ball change, kick, kick, only in this order.  
Detailed descriptions see in the document "Scoring the Dance"

3.1.2.2 One element from each of the following acrobatic elements groups must be performed:

- Forward somersault
- Backward somersault
- Dive
- non-flying acrobatic elements with rotations around the body

Detailed descriptions see in the document "Scoring B-Class"

3.1.2.2.1 There will be no points deducted for not danced acrobatic figure groups for all rounds leading up to and including the runners-up qualification round.

3.1.2.3 In rounds preceding the semi-finals, couples are not allowed to perform individual acrobatic elements with a value higher than G – 10 points

3.1.2.3 In rounds preceding the semi-finals, couples are not allowed to make more than two elements with additional rotation around their longitudinal body axis (up to maximum 1/1 twist within).  
In semi-finals and finals, couples are not allowed to make more than three elements with additional rotation around their longitudinal body axis (up to maximum 1/1 twist within).

3.1.3.4 Music:  
In the final couples may use their own WRRRC-approved music.

### 3.1.3 FOOT TECHNIQUE ROUNDS– RESTRICTION ON FIGURES:

3.1.3.1 Rotations of more than 180° around the body's width or depth axis are not allowed.

3.1.2.2 Excluding the final pose, figures are allowed only if one partner can perform them alone or if there is permanent contact between the ground and at least one foot.

3.1.3.3 In Foot-Technique-Rounds a minimum of 4 couple (contact) dance elements performed with complete basic steps (Group 1) must be danced by both partners at the same time.  
One complete basic step = kick ball change, kick, kick, only in this order.  
Detailed descriptions see in the document "Scoring the Dance"

## 4. ROCK'N'ROLL COUPLE-DANCE SHOW TOURNAMENT RESTRICTIONS

### 4.1 TOURNAMENT RESTRICTIONS:

#### 4.1.1 ROCK'N'ROLL COUPLE-DANCE SHOW RESTRICTIONS

4.1.1.1 WRRRC Safety Level 2 must be adhered to.

4.1.1.2 A maximum of three acrobatic figures may be performed in rounds before the final-round and five acrobatic figures may be performed in the final-round. A maximum of two of these three acrobatic figures in rounds before the final-round may be performed in combination and a maximum of three of these five acrobatic figures in final-rounds may be performed in combination.

Where an acrobatic figure is performed twice, this is classified as a combination, with the exception of the figures 'Disc' and 'Spiral'.

- 4.1.1.3 A minimum of 4 couple contact dance elements performed with complete basic steps must be danced by both partners at the same time in rounds before the final-round and a minimum of 8 couple contact dance elements performed with complete basic steps must be danced by both partners at the same time in the final-round.  
One complete basic step = kick ball change, kick, kick, only in this order. Detailed descriptions see in the document "Scoring the Dance"

- 4.1.1.4 Music:  
In finals, couples may choose the music they dance to from the official WRRRC CDs. The mixing of different tracks is allowed, special effects are not permitted except for the ending of the track. A piece of music with mixed or modified tracks has to be approved by WRRRC.

## 4.2.2 TOURNAMENT RESTRICTIONS

- 4.2.3 All Rock'n'Roll Couple Dance Show tournaments shall be organized in compliance with WRRRC Tournament Rules section 5.6.1.1. (without KO rounds)

## 5. YOUTH AND JUNIORS: TOURNAMENT RESTRICTIONS

### 5.1 TOURNAMENT RESTRICTIONS

#### 5.1.1 YOUTH CATEGORY – RESTRICTIONS:

- 5.1.1.1 Rotations of more than 180° around the body's width or depth axis are not allowed.
- 5.1.1.2 Figures are allowed only if one partner can perform them alone or if there is permanent contact between the ground and at least one foot.
- 5.1.1.3 A minimum of 6 couple (contact) dance elements performed with complete basic steps (Group 1) must be danced by both partners at the same time.  
One complete basic step = kick ball change, kick, kick, only in this order. Detailed descriptions see in the document "Scoring the Dance"
- 5.1.1.4 Music:  
In finals, couples may choose the music they dance to from the official WRRRC CDs. The mixing of different tracks is allowed, special effects are not permitted except for the ending of the track. A piece of music with mixed or modified tracks has to be approved by WRRRC.

**5.1.2 JUNIOR CATEGORY – RESTRICTIONS:**

5.1.2.1 WRRC Safety Level 3 must be adhered to.

5.1.2.2 A maximum of four acrobatic figures may be performed. A maximum of two of these four acrobatic figures may be performed in combination.

5.1.2.3 A minimum of 6 couple (contact) dance elements performed with complete basic steps (Group 1) must be danced by both partners at the same time.

One complete basic step = kick ball change, kick, kick, only in this order. Detailed descriptions see in the document “Scoring the Dance”

5.1.2.4 Music:

In finals, couples may choose the music they dance to from the official WRRC CDs. The mixing of different tracks is allowed, special effects are not permitted except for the ending of the track. A piece of music with mixed or modified tracks has to be approved by WRRC.

**5.3.2 TOURNAMENT RESTRICTIONS**

5.3.2.1 All Youth and Junior World Cups shall be organized in compliance with WRRC Tournament Rules section 5.6.1.1. (without KO rounds)

**6 FORMATIONS (COUPLES)****6.1 MAIN CLASS FORMATIONS  
TOURNAMENT ENTRY QUALIFICATION AND RESTRICTIONS****6.1.1 TOURNAMENT RESTRICTIONS**

6.1.1.1 The restriction on figures of Main Class (detailed in section 2.1.2) shall be applicable

6.1.1.2 A minimum of 10 complete basic steps must be danced. All participants have to perform the complete basic step at the same time.  
One complete basic step = kick ball change, kick, kick, only in this order.

**6.2 JUNIOR FORMATIONS:  
TOURNAMENT ENTRY QUALIFICATION AND RESTRICTIONS****6.2.1 TOURNAMENT RESTRICTIONS**

6.2.1.1 The restriction on figures of Youth Class (detailed in section 4.1.2) shall be applicable.

- 6.2.1.2 A minimum of 10 complete basic steps must be danced. All participants have to perform the complete basic step at the same time.  
One complete basic step = kick ball change, kick, kick, only in this order.

## **7 GIRLS AND LADIES FORMATIONS:**

### **7.1 LADIES FORMATIONS: TOURNAMENT RESTRICTIONS**

#### **7.1.1 TOURNAMENT RESTRICTIONS:**

- 7.1.1.1 The restriction on figures for Junior Class (detailed in section 4.1.3) shall be applicable.

- 7.1.1.2 In the final-round a minimum of 10 and in all other rounds a minimum of 6 complete basic steps must be danced. All participants have to perform the complete basic step at the same time.  
One complete basic step = kick ball change, kick, kick, only in this order.

### **7.2 GIRLS FORMATIONS: TOURNAMENT RESTRICTIONS**

#### **7.2.1 TOURNAMENT RESTRICTIONS**

- 7.2.1.1 The restriction on figures for Youth Class (detailed in section 4.1.2) shall be applicable.

- 7.2.1.2 In the final-round a minimum of 10 and in all other rounds a minimum of 6 complete basic steps must be danced. All participants have to perform the complete basic step at the same time.  
One complete basic step = kick ball change, kick, kick, only in this order.

## **8.1 DISTRIBUTION OF POINTS FOR ROCK'N'ROLL FORMATIONS:**

- 8.1.1 The following special judging regulations are applicable for judging the formations. The remaining regulations of the Calculation System and Assignment of points shall be applicable analogously.

### **8.1.2 ASSIGNMENT OF POINTS:**

- |                |   |                    |
|----------------|---|--------------------|
| <b>8.1.2.1</b> | <b>Acrobatics</b><br>Judging criteria include the degree of difficulty, variety, formation-acrobatics, synchronism and harmony. | <b>0-10 points</b> |
| <b>8.1.2.2</b> | <b>Dancing technique/Art</b>  | <b>0-10 points</b> |

Judging criteria include the performance of basic steps, body posture, arm position, rhythm, synchronism and harmony.

**8.1.2.3 Dance figures and dancing performance 0-10 points**

Judging criteria include variety, difficulty, couple figures, radiance, aesthetics, synchronism and harmony.

**8.1.2.4 Choreography, entire presentation 0-10 points**

Judging criteria include ideas, interpretation of music, theme interpretation, clothing and imagery, use of floor space, dancing lines, synchronism and harmony.

**8.1.2.5 Subtraction of points,**

**8.1.2.5.1** Timing mistakes: 2 points shall be deducted per mistake.

**8.1.2.5.2** Acrobatics mistakes: For falls or refusals 3 points shall be deducted per mistake.

**8.1.2.5.3** If any formation violates the Tournament Rules - e.g. limitation of figures - or any resolution passed by the WRRC (Presidium or General Meeting), the WRRC-Observer will deduct 5 points per Yellow Card and 15 points per Red Card from all judges.  
(Tournament Rules, section 6.2.3.1)

**8.1.3** The points shall be added by the WRRC-Judge to achieve a total number of points.

**8.1.4** In case of Junior and Girl formations the acrobatics judging is not applied and there is only a subtraction of points for time mistakes.